

Program Name	Program Description/Purpose	Coordinating Staff Member(s)	Contact Information	Grade Level(s) Involved	Time of Year Offered	Sign-Up/Registration Period	Practice/Meeting Time(s)/Day(s)	# of Students Permitted (if applicable)
CYO Basketball	CYO is a competitive league. The league gives guidance to the student athletes promoting Christian values and CYO mission. Basketball is a team sport. It is a great way to stay active. Progression skills and drills are taught at age appropriate team grade levels. Athletes learn the rules of the game, teamwork, respect for team/opponents/officials and skill development.	Chris Tipton	ctipton@urbancommunityschool.org	Open to all 3rd-8th level students	Winter season: November-March	Winter Online registration begins in September - October	Practices are based on coaches availability. Our coaches are volunteers and CYO trained.	No limit on participation
CYO Cross Country	CYO Cross Country is a competitive team sport offered in the fall. Urban wants to promote the love of running. The great thing about Cross Country is that everyone competes (no bench to sit on). Everyone runs the same course. The student athlete can reach for their personal best!	Chris Tipton	ctipton@urbancommunityschool.org	Open to all 1st-8th level students.	Fall season: August-October	Fall Online registration begins in May-August	Practices are based upon the coaches availability. Our coaches are volunteers and CYO trained.	No limit on participation
CYO Volleyball	CYO is a competitive league. The league gives guidance to the student athletes promoting Christian values and CYO mission. Volleyball is a team sport. Progression skills and drills are taught at age appropriate team grade levels. Athletes learn the rules of the game, teamwork, respect for team/opponents/officials and skill development. The student athlete is staying active-a healthy body promotes a healthy mind!	Chris Tipton	ctipton@urbancommunityschool.org	Fall open to all GIRLS 4th-8th level.	Fall season: August-October; Spring season: March-May	Fall Online registration begins in May-August!	Practices are based on coaches availability. Our coaches are volunteers and CYO trained.	No limit on participation
Roots and Shoots Urban	The mission is to empower young people to affect positive change in their communities. Roots and Shoots Urban will give students opportunities to engage in environmental, conservation, and nature-related projects to help our school and the wider community. Roots and Shoots is affiliated with the Dr. Jane Goodall Institute. Students select environmental-related projects to implement in the school. It will be a blend of Garden Club and Team Environmental Warriors.	Ellie Reagan	ereagan@urbancommunityschool.org	Level 5, Level 6, Level 7, Level 8	9/19/23 - 5/20/24	September Sign-Up	Tuesday 3-4pm	15
Urban Squash Cleveland	Urban Squash Cleveland is a youth development organization that works with children from inner city public schools. Urban Squash Cleveland combines academic support, instruction in the sport of squash, community service, as well as providing mentoring, life skills and highly valuable opportunities to transform the lives of middle and high school children in Cleveland. Urban Squash Cleveland partners with Entrepreneurship Preparatory School, Urban Community School, John Hay School of Science and Medicine, Cleveland State University, and Case Western Reserve University.	Duncan Steele	duncan@urbansquashcleveland.org	Urban Squash Cleveland works closely with the schools to identify students in the 4th, 5th, 6th, 7th, and 8th grades to be enrolled in the Urban Squash Cleveland Program.	Throughout the school year	September Sign-Up	After school programming and events occur at the Urban Squash Cleveland Facility. Students who participate in Urban Squash Cleveland practice three days a week, and USC hosts six days of programming a week.	Students are chosen to be part of the team through a tryout and selection process based largely on attitude, effort and commitment.
UCS Praise Dancers - ES	To offer prayer and praise during Prayer Services and other appropriate events.	Michele Grooms-Massa	mgrooms@urbancommunityschool.org	Level 2, Level 3, Level 4, Level 5	September - May	September Sign-Up	During lunch/recess as needed.	60
UCS Vocal Choir	The purpose of Vocal choir is to promote active-music-making amongst a group, while allowing many performance opportunities throughout the school year, on and off campus. Students will learn proper singing techniques, how to read music scores and work together as a team to develop their musicality.	Catherine McLaughlin	cmcgloughlin@urbancommunityschool.org	Level 4, Level 5, Level 6, Level 7, Level 8	9/18/23 - 5/29/24	First two weeks of school	Monday 3:00-4:00pm	65

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UCS Art Club	Art Club is a chance for self motivated student artists to collaborate, share and learn together. We will learn new techniques and do cool art projects...starting with a mural!	Molly Geib	mgeib@urbancommunityschool.org	Open to all 6th, 7th and 8th level students.	9/18/23 - 5/13/24	Sign-up takes place in Mid-September.	Monday 3:00-4:00pm	20
CYO Basketball	CYO is a competitive league. The league gives guidance to the student athletes promoting Christian values and CYO mission. Basketball is a team sport. It is a great way to stay active. Progression skills and drills are taught at age appropriate team grade levels. Athletes learn the rules of the game, teamwork, respect for team/opponents/officials and skill development.	Chris Tipton	ctipton@urbancommunityschool.org	CYO BASKETBALL open to all 3rd–8th level students.	Winter season: November–March	Winter Online registration begins in September - October	Practices are based on coaches availability. Our coaches are volunteers and CYO trained.	No limit on participation
CYO Cross Country	CYO Cross Country is a competitive team sport offered in the fall. Urban wants to promote the love of running. The great thing about Cross Country is that everyone competes (no bench to sit on). Everyone runs the same course. The student athlete can reach for their personal best!	Chris Tipton	ctipton@urbancommunityschool.org	CYO open to all 1st–8th level students.	Fall season: August–October	Fall Online registration begins in May-August	Practices are based upon the coaches availability. Our coaches are volunteers and CYO trained.	No limit on participation
CYO Lacrosse	CYO Lacrosse is a competitive team sport offered in the spring. Urban wants to promote one of the fastest-growing sports in the country.	Chris Tipton	ctipton@urbancommunityschool.org	CYO open to all 6th–8th level students.	Spring season: February–May	Spring Online registration begins in January-February	Practices are based upon the coaches availability. Our coaches are volunteers and CYO trained.	No limit on participation
CYO Volleyball	CYO is a competitive league. The league gives guidance to the student athletes promoting Christian values and CYO mission. Volleyball is a team sport. Progression skills and drills are taught at age appropriate team grade levels. Athletes learn the rules of the game, teamwork, respect for team/opponents/officials and skill development. The student athlete is staying active–a healthy body promotes a healthy mind!	Chris Tipton	ctipton@urbancommunityschool.org	Fall open to all GIRLS 4th–8th level.	Fall season: August–October; Spring season: March–May	Fall Online registration begins in May-August! Spring registration begins in February.	Practices are based on coaches availability. Our coaches are volunteers and CYO trained.	No limit on participation
UCS Spirit Committee	To promote school SPIRIT and PEACE(GO URBAN) throughout the year! Committee Members come from the 8th grade students/peers elect the leadership officers.	Sue Friedel	sfriedel@urbancommunityschool.org	8th level students	September - May	Club capacity is entire 8th grade participating during each event Spirit Week and Peace Day. We work during the entire year!	Meets Tuesdays/Wednesdays during lunch and recess.	20
Urban Squash Cleveland	Urban Squash Cleveland is a youth development organization that works with children from inner city public schools. Urban Squash Cleveland combines academic support, instruction in the sport of squash, community service, as well as providing mentoring, life skills and highly valuable opportunities to transform the lives of middle and high school children in Cleveland. Urban Squash Cleveland partners with Entrepreneurship Preparatory School, Urban Community School, John Hay School of Science and Medicine, Cleveland State University, and Case Western Reserve University.	Duncan Steele	duncan@urbansquashcleveland.org	Urban Squash Cleveland works closely with the schools to identify students in the 4th, 5th, 6th, 7th, and 8th grades to be enrolled in the Urban Squash Cleveland Program.	Throughout the school year	September Sign-Up	After school programming and events occur at the Urban Squash Cleveland Facility. Students who participate in Urban Squash Cleveland practice three days a week, and USC hosts six days of programming a week.	Students are chosen to be part of the team through a tryout and selection process based largely on attitude, effort and commitment.
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UCS Praise Dancers - ES	To offer prayer and praise during Prayer Services and other appropriate events.	Michele Grooms-Massa	mgrooms@urbancommunityschool.org	Level 6, Level 7, Level 8	September - May	September Sign-Up	During lunch/recess as needed.	60